



The SENIOR CRAFTSMAN



Treasure Valley Edition

June 2017

Father's Day Issue

The Next Big One

By Deve K

Remember the first time you hooked your first catch? Whether you are seven or seventy-seven, the excitement and pride at reeling in your first fish is nothing short of spectacular. The sound of your line as you cast, the kerplunk when it hits the water and the clicking of the reel as you draw your line tight all lead to the anticipation and hope of catching the next big one.



Photo by Niklaos

The warm weather months are fast approaching. Right now is a great time to start prepping for your first fishing trip of the summer. Both Oregon and Idaho offer annual free fishing days. These are a great opportunity for both children and adults to learn the basics of fishing and for individuals and families to fish for free at any of the states' ponds or lakes.

The Oregon Department of Fish and Wildlife will offer a Free Fishing Weekend June 3-4, 2017. Visit their website at <http://www.dfw.state.or.us> for valuable information pertaining to the state's fishing laws and licensing. Be sure to check out where to fish, catch up on fishing reports and view their event calendar <http://www.odfwcalendar.com> to see what other free family activities will be offered in 2017.

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How does insulating your home increase its market value?

Since spring and summer are the perfect seasons for improving your home, maybe we should be discussing the importance of a well-insulated property.

Obviously, any improvement you bring to your home will increase your property's market value, but some can do more for it. For instance, insulation will increase its value exponentially more than changing your floor tiles would, because it brings more benefits, all from the financial spectrum. The levels of air-tightness of a home contribute greatly when it comes to either increasing, either decreasing the heating costs and efforts. Completely airtight houses may only need the solar heat, body heat and appliances heat to maintain proper levels of thermal comfort. Many name this type of houses passive houses, because they do not need constant interventions.

There are several other types of houses While it is tempting to consider first the heat gains of a home, the losses should be the ones to consider the most. Because of this reason, we can differentiate between several types of houses. *Continue on page 3*

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The Next Big One

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Why not take advantage of free fishing two weekends in a row? The Idaho Department of Fish and Game will also offer a Free Fishing Day on June 10, 2017. Visiting them online at <https://idfg.idaho.gov> will again, provide additional information of value about what the state has to offer to make your fishing experiences great.

Fishing is a phenomenal activity that can be both relaxing and exhilarating at the same time. And what activity wouldn't be complete without a little bit of boredom and frustration mixed in for good measure. But all that makes this sport what it is...fun.

Whether you are first timer or a master angler, it's a hobby for all to enjoy!

Ready to cook up today's catch? Check out this Month's recipe below.

Delicious Grilled Salmon

This recipe uses a simple soy sauce and brown sugar marinade, with hints of lemon and garlic. The contrast makes the perfect salty-sweet complement to rich salmon fillets.

Ingredients

1 1/2 pounds salmon fillets

lemon pepper to taste
garlic powder to taste
salt to taste

1/3 cup soy sauce

1/3 cup brown sugar

1/3 cup water

1/4 cup vegetable oil



Directions

Prep: 15 m

Cook: 16 m

Ready: In 2 h 31 m

Season salmon fillets with lemon pepper, garlic powder, and salt.

1. In a small bowl, stir together soy sauce, brown sugar, water, and vegetable oil until sugar is dissolved. Place fish in a large resealable plastic bag with the soy sauce mixture, seal, and turn to coat. Refrigerate for at least 2 hours.
2. Preheat grill for medium heat.
3. Lightly oil grill grate. Place salmon on the preheated grill, and discard marinade. Cook salmon for 6 to 8 minutes per side, or until the fish flakes easily with a fork. YUMM!

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Happy
Father's
 Day

Home Insulating

Continued from page 1

The leaky home – It has solid walls, but unfortunately, poor overall insulation. This translates into poor heating, and for attaining proper levels of thermic comfort, one must supply a 300 kilowatt-hours of energy. Thus, it generates higher bills. The modern home – It has double insulation in floors, in the wall cavity and loft, needing half the energy to maintain a similar indoor temperatures.

The passive home – The one we previously mentioned, it has exquisite insulation, as well as triple glazed windows, being highly performing in terms of air-tightness. It only needs 15 kWh / square meter for maintaining proper levels of heat.

At a simple analysis, we can easily notice that the three types of homes have different heat necessities, generating completely opposite bills.

How does this translate for your home?

Although at a first glance, insulation seems to be a simple feature to improve your property's heat efficiency levels, it is about more than this. However, selecting the appropriate type of insulation and a reliable insulating company is a more complicated task. Advisable would be to first select the company appropriate for such duties and then discuss with them your options. They will certainly provide valuable pieces of advice and pertinent opinions.

Which areas should you consider insulating?

For defending your house from the winter's chills, expensive bills and possibly mold, there are some areas that need to be insulated at any costs. After you research the [foam insulation companies](#) market, discuss with them. However, consider the areas below:

Basement and attic – highly relevant to consider in your insulating process is both your attic and basement as well. By creating a barrier from the external environment with [spray foam insulation](#) you will make sure that the large difference between the outdoor and indoor environment won't affect your house's heat efficiency levels, thus the costs of your bills. If you only insulate your walls and forget about these two areas, the chances of fluctuating temperatures depending the ones present in the outdoor environment are high. And you will compromise the purpose of insulating your walls, which is preserving an appropriate indoor temperature without overusing the HVAC system. Moreover, water damage is a reality you will be facing if you neglect these areas.

Exterior and interior walls – although the level of understanding of the importance of proper insulation when it comes to interior and exterior walls is higher than it is in basement and attic's case, many are still unsure regarding the level in which the lack of such features affect their bills. Many think that having solid walls is a good enough attribute of their houses, and further insulation is futile. *Continue on page 4*



HOME insulating Continued from pg 3

But experts advise us on the contrary, to pay great attention not only to insulating our walls, but also to which type of insulation we are opting for. Make sure you select a reputable company and discuss with them your options. Let them assess your current situation and follow their advice, since they are well-documented regarding the latest insulation materials and techniques available out there.

Around your windows and door-frames – your insulation would not be complete if you were to forget about these two small, yet highly relevant areas. These spaces are guilty of plenty of heat lost from the indoor environment, thus overusing the heating systems you have. On the contrary, properly insulated, these areas will assure you that your home is airtight and it uses derived heating sources to become heat efficient. Just like passive homes do.

A properly insulated property will increase its market value considerably because of the added value it will have. The owner won't be overspending on heating or other derived issues and in the prospect of a house sale, this will weight a lot.

Meet the Family Handyman Magazine's Expert

Rick Muscoplat writes the Car & Garage department each issue and has been turning wrenches (and sockets) his whole life.



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Father's Day Word Search

How many of the following words can you find in the puzzle?

- | | |
|----------|--------|
| ATHLETIC | FUNNY |
| BRAVE | GOLF |
| DAD | KIND |
| DADDY | SPORTS |
| ESPN | TENNIS |
| FATHER | TIE |
| FISHING | TOOLS |
| FOOTBALL | |

X R D F U I E L C F C R E
W B L A S T R O P S N D K
E O D S A Z F X C E B A M
G N M P O I U T C R E D T
R B R A V E H I O O M D E
S I D K Y J T B S S H Y L
H T I Q N E F A P L L Y L
S A R S L G R E R O O G A
G V S H C K E L S N P O B
F R T S F I S H I N G W T
U A C O S N S T E D E O O
N S T K O D A L A D U R O
N N R H W B E D U I M G F
Y O T I E T I N C T W N U
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